

NATURE FRESH TOOTHPASTE

A natural solution for teeth and gum disorders

Jim went on holiday with the money he saved from avoiding surgery to save his teeth:

It is horrifying to nearly lose your only set of teeth because of a major infection you have below the gum line. Jim was often given fluoride treatment after a clean up at the dentist. Over the years he complained of bleeding gums but was assured that the regular use of salt water rinses and fluoride mouth washes would solve the problem. Little did he know that deep down, the connective tissue had been exposed to an overdose

of fluoride that had caused it to weaken. As fluoride is lethal to all living tissues and especially the collagen tissue surrounding a tooth there is no way it can benefit you without a volley of harmful side effects.

Many years later, after discovering NATURE FRESH toothpaste and learning about the dangers of fluoride Jim was delighted. His gums stopped bleeding. At last. But when he went to the dentist for a new filling he was introduced to a Pandora's box of gum infection that had been brewing for many years. The aftermath of damaged and infected tissue that



Jim

had caused pockets of decay around each tooth. His teeth were loose in their sockets and although the gum looked healthy and firm on the surface all was not well down below.

He needed urgent surgery that would involve slicing back the gums, scraping out the infected tissue and stitching it back. Jim was horrified.

Jim pleaded with his dentist. At last he agreed to allow his oral hygienist to do intensive work in trying to save Jim's teeth but he was very skeptical as his patient

was insisting that absolutely no fluoride was to be used. Many gruelling hours were spent in treating the problem. After each session Jim used NATURE FRESH toothpaste, flossed, and took extra calcium, magnesium, zinc and vitamin supplements. After a few weeks the teeth were out of danger. They were no longer loose and tell tale traces of mouth odour had vanished completely. Now he is the first person to admit that fluoride mouth-washes are not the answer for fresher breath. If something is wrong, confront it. The gums began to heal and the infection cleared up altogether. After each check up the plaque count diminished dramatically to the amazement of the oral hygienist. Three cheers to both of them for saving teeth. The dentist confirmed that his mouth was in good order. He had forgotten that it was the same individual he had booked in for urgent mouth surgery!

For more information phone Sue Visser (021) 794-4045.

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FLUORIDE FREE TOOTHPASTE

Herbal Toothpaste

Ask your Health Shop or Pharmacy for the fluoride free nutritive toothpaste

Trade enquiries: Sue Visser 021-794 4045



Don't force-feed SA with 'poisonous' fluoride

HEALTH Minister Zuma, who should have resigned after the Sarafina 2 scandal, is determined to force the people to drink water deliberately polluted with fluoride, one of the deadliest known poisons.

Even in the minutest quantities it causes cancer, genetic disorders, brittle bones, "mottled teeth" (which pits and eventually destroys the teeth), abnormal cell changes, metaplasias, and weakening of the immune system.

This system is the first line of defence against bacteria, viruses, etc, thus fluoride increases susceptibility to all infections, cancer, Aids, tuberculosis, etc. The cancers include mouth and bone cancer.

After fluoridation, conclusive evidence in New Zealand and Canada has revealed higher levels of tooth decay in the fluoridated areas, compared with those not fluoridated. This is the opposite of what the foolish bureaucrats of the World Health Organisation expected, yet our Health Minister quotes the discredited policy of the WHO to justify her plan to poison our water.

Fluoride from industrial emissions is absorbed by the lungs and passes into the bloodstream. Any food grown, manufactured or stored in fluoridated areas will contain large amounts of it. Insecticides containing fluoride are sprayed on food crops which absorb the fluoride.

We need protection from fluoride, not compulsory medication with it. Toothpaste can double the level of fluoride in the blood within five minutes of use! It is either swallowed (especially by children) or absorbed through the inner skin of the mouth.

It is impossible to obtain unfluoridated toothpaste, a shocking state of affairs, therefore no toothpaste should be used. It is in any case quite useless when brushing the teeth, as are shaving creams and foams when shaving. One should resist persuasive advertising and save money.

Apathy results in tyranny. This outrageous imposition can only be prevented if enough people write in the strongest terms of protest to President Mandela (not to Minister Zuma, she is too obstinate).

LESLIE RIGGALL
KLOOF

The Editor Constantiaberg Chronicle

TOOTHBRUSH TANTRUMS

Dr Craythorne's comments on compulsory fluoridation can be further supported. (Argus 6.8.). I wonder whether Dr Zuma is aware of the finding of the Ochsner Institute, U.S.A., as published in "Fluoridation, the great dilemma". To quote just one page (307) "that simultaneous consumption of fluoride from drugs, toothpaste and water created a REAL RISK was suggested by a warning required on the package when fluoride toothpaste was first marketed in 1955". That study further recommended that fluoridated toothpaste should not be used in areas where the water supply is fluoridated. In the light of these findings Dr Zuma should provide the public with answers to the following questions:-

- 1) what are the safety/control measures used by her department at present, with regard to overdosing, as regards the simultaneous use of fluoridated water and fluoridated toothpaste?
- 2) What are the symptoms of fluoride poisoning in young children and adults, and what are the counter-measures?
- 3) How can safety be guaranteed for people with different tolerance levels to fluoride?
- 4) Is fluoride a BY-product of the manufacture of ALUMINIUM, and if so, is it sold to State and/or Municipal WATER-PROVIDERS?

In the interest of dental health this kind of information was not available from Nanny Zuma to her toothbrushing charges, before Government Notice R687 was gazetted on June 12th.

Councillor Reverend H. Syré, DP