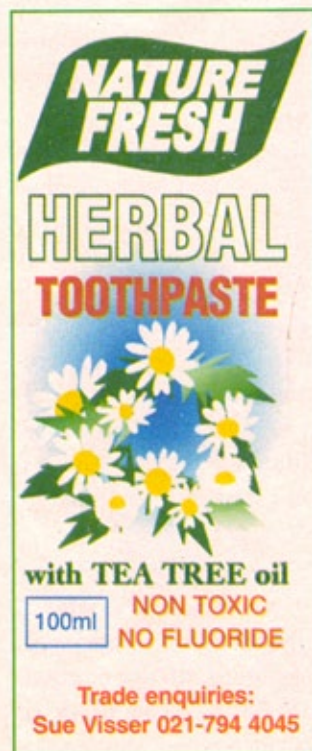


# FLUORIDE QUERIES

## Do we really need Fluoride?

Certainly Not! Nobody can force us to take a drug or toxin. Fluoride alters the body, so it is a drug.



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**HERBAL TOOTH PASTE**  
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We have the right to refuse it. It is illegal to force anybody to take drugs or to fluoridate water without supplying an alternative. The concentrations of fluoride in water have to be monitored 24 hours a day, because it is an extremely dangerous substance.

## Does fluoride prevent tooth decay?

Yes: But only a minimal dose of natural fluoride as found in most of our foods.

No: Too much sodium fluoride in water, supplements and toothpaste causes fluorosis: ugly mottled teeth and brittle, uneven patchy enamel. It also causes weak, receding, tender bleeding gums and periodontal infection. Constant exposure to fluoride loosens teeth and they break or drop out. It also causes bad breath and plaque problems.

## Are there contra-indications?

Yes: People advised not to drink fluoridated water or use fluoride

toothpaste, dental products or supplements include: Hyperactive or so-called ADD children, ME (chronic fatigue) patients and those with AIDS, cancer, diabetes and thyroid disorders. Fluoride damages the thyroid gland and nervous system, destroys collagen (connective) tissue, weakens the immune system and can cause cancer and blood sugar imbalances.

## What is the antidote to fluoride?

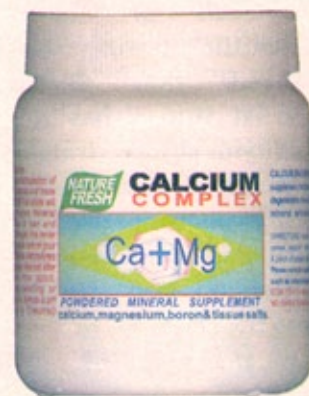
Calcium, Magnesium, Boron. People with sore, bleeding gums or mouth pain from fluoride treatments get immediate relief by using Nature Fresh Toothpaste because of its high calcium and magnesium content. The supplement: Nature Fresh Calcium Complex contains Calcium, Magnesium and Boron.

It binds to toxic substances like: fluoride and particles of lead, silver, mercury and cadmium that come from your old fillings and excretes them at night via the urine. It helps to restore the skeleton and thyroid gland.

## What are the alternatives?

Non toxic natural fluoride: Fluoride is present in most of our foods. Even three cups of tea and coffee supply enough fluoride for the day. The biochemical tissue salt: Calc Fluor D6 is good for young children to strengthen teeth, bones and collagen tissue. In adults, it helps to restore damaged collagen tissue, especially in muscles and blood vessels. Nature Fresh Junior toothpaste contains this natural Fluoride in minute doses.

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[www.naturefresh.co.za](http://www.naturefresh.co.za)



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# FLUORIDE AND CANCER

Substances like fluoride which cause genetic damage are called mutagenic substances, and it is a well-

accepted fact that substances which are mutagenic also tend to be carcinogenic, or cancer-producing. In fact, this is exactly what has been found with regard to fluoride.

In 1984, Dr. Takeki Tsutsui and co-workers of the Nippon Dental College in Japan showed that fluoride not only caused genetic damage but was also capable of transforming normal cells into cancer cells. The levels of fluoride used in this study were the same levels of fluoride that the U.S. National Cancer Institute suggested should be used to determine whether or not fluoridation of public water supplies causes cancer.

These researchers found that cells treated with 34 and 45 parts per million fluoride produced cancer (fibrosarco-

ma) when injected under the skin of otherwise healthy adult hamsters. In contrast they found that cells that were not treated with fluoride did not produce cancer.

In 1988, researchers from the Argonne National Laboratories and others confirmed the cancer-causing ability of fluoride found by Tsutsui and coworkers. The researchers from Argonne National Laboratories also found that fluoride promotes and enhances the carcinogenicity of other cancer-causing chemicals.

These results confirm the earlier U.S. National Cancer Institute-sponsored studies done by Drs. Irwin Herskowitz and Isabel Norton. In 1963, these St. Louis University scientists showed that low levels of fluoride increased the inci-

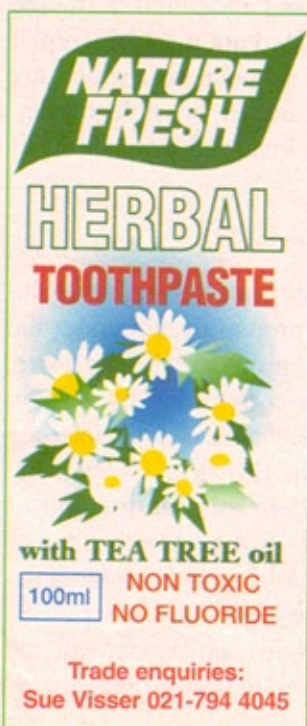
dence of melanotic tumors in fruit flies by 12% to 100%.

Similar types of transformations of normal cells to potentially cancerous cells have been observed in humans. Dr. Paul H. Duffey and co-workers from the Tucson Medical Center found that certain white blood cells were transformed into cells which appeared to be cancerous during the treatment of an osteoporosis patient with fluoride. After discontinuance of the fluoride treatments, the cancer-like cells disappeared.

For more information on Fluoride phone The South African Save Water Association.

Chairman Dr Frank Betrand  
Tel 018 484 2094

Secretary Mrs A. Forbes  
Tel 011 942 1309



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