## Fluoride?

## interview with an alien



Alien: Fluoride is toxic. Why do you put it into your drinking water?

Earthling: To prevent tooth decay.

Alien: There is definite proof that it damages gum tissues. Is this also why you put it in toothpaste?

Earthling: It prevents plaque and keeps teeth healthy, doesn't

Alien: Fluoride depletes antioxidants like vitamin E. This causes plaque and tartar to accumulate on teeth. Fluoride also kills many cells in mouth tissue and this results in mouth odours.

Earthling: So what else can fluoride do for me?

Alien: Fluoride weakens the immune system and causes genetic damage that can lead to cancer. Fluoride also damages brain cells, but only I can see

Earthling: What happens if my immune system is weak?

Alien: You cannot fight off infections, especially those that attack the immune system. You are all afraid of AIDS, but you cannot even prevent a common

Earthling: But surely condoms protect us from AIDS, therefore they must strengthen our immune system? Just as we get lots of fluoride in drinking water, toothpaste and supplements to protect our teeth. Is there a better way to do this?

Alien: Surely your authorities are aware of nutrients such as vitamins, minerals and amino acids? Without them your teeth will not grow strong and healthy and your immune system will not be able to protect you. Why don't you take the toxins out of your food and water and replace them with vital nutrients? It would be cheaper!

Earthling: Our government cannot afford to give us these nutrients. All the money is spent on very expensive conferences, condoms for kids to play with and on endless research. They give HIV patients the most toxic and expensive drugs and keep telling everyone there is no real cure for AIDS.

Alien: But surely you know that there are many herbs and nutrients that strengthen the immune system. Some of your earthlings know the truth about AIDS and fluoride. Read their information so you do not succumb to lies!

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HEALTH COUNTER NEWS Winter 2000

Page 4

We spend our money trying to get thinner, healthier, fitter, more intelligent and younger looking whilst we keep exposing ourselves to fluoride. From a glass of fluoridated water to a tube of toothpaste, fluoride will keep undermining all your efforts to be healthy. It attacks your thyroid gland and this depresses your whole metabolism: you swell up, gain weight, develop allergies and get tired. It attacks your collagen tissue, giving you wrinkles and sore, stiff joints. Your skin begins to sag, the gums bleed, the brain gets fuzzy and your bones become brittle. Fluoride is a menace to health and beauty alike. It is better to keep fluoride out of your water or toothpaste and begin to antidote it.

Boron is a natural antidote to fluoride and will overcome its harmful effects. (Newnham Rex, PhD, DO, ND. Away with Arthritis.) 3mg per day can help to alleviate bone and joint disorders and restore the production of estrogen in older women. Calcium and magnesium help to balance the pH. A daily supplement containing these minerals need not be expensive. For under R15 per month you can take: NATURE FRESH CALCIUM COMPLEX in powder or tablet form.

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