

## health practitioner. Don't not stop taking your prescription medications or combine with other treatments unless advised to do so by a medical practitioner. Therapeutic effects may vary according to the unique constitution or condition of a patient. Read the ingredient lists and instructions. Nature Fresh Data **Base for COVID-19 pandemic**

## NF 001 HERBAL TOOTHPASTE 100ml tube pack height 13 cm

Mild, natural toothpaste with Mint, Cloves, Aniseed and Tea Tree Oil, xylitol and stevia. Popular with health conscious people as a tooth nutrient, gum protector and gentle tooth cleaner. A gentle yet effective stain remover with sea salt, bicarb and silica for strong white teeth and healthy gums. Tea tree and Peppermint to freshen and disinfect the mouth. No bleach/peroxide.

Brushing with a neutral toothpaste with a pH of 7 for a few days, changes the way your teeth feel throughout the day – smooth, never coated. Healthy saliva is your best oral hygienist!

All our Oral Hygiene Products are non toxic, FLUORIDE FREE and safe to swallow albeit unintentionally. http://naturefresh.co.za/how-safe-isfluoride/. Using a fluoride free mouth wash also helps to keep teeth and gums healthy http://naturefresh.co.za/products/nf-040-breathbuster-anti-microbial-mouthwash-200ml/ Tea Tree oil and zinc are natural disinfectants and peppermint oil freshens the breath. Aniseed oil keeps the mouth moist and promotes a healthy flow of saliva that can be maintained at a normal pH as the toothpaste is kept to a neutral pH of 7. Natural cellulose and glycerine are used for emulsifying. Changes to our oral hygiene and intimate products are: NO PARABENS, NO SLES/SLS, NO COLOURING, NO SACCHARINE We only use xylitol and stevia in oral hygiene products.



















NF 033





NF 001

NF 002

NF 003

NF 040

NF 025

NF 012

NF 010