

1 x 5ml (heaped teaspoon) at bedtime, mixed with Average daily dose for 60-80kg adult.

calcium metabolism and to help to detoxify and alkalize An extra dose can be taken in the morning to improve For children 20-40kg give 2-3ml (½ adult dose). 50ml milk or water.

& MAGNESIUM

teaspoon)

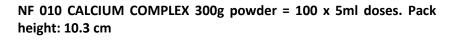
5ml

Gemiddelde daaglikse dosis vir 60-80kg volwassene

iogurt, smoothies of melk om kalsium metabolisme te verbeter en om te detoksifiseer en alkalize

met 50ml melk of water.

Calcium, magnesium, boron, vitamins and tissue salts help to improve absorption



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1x5mlm

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& MAGNESIUM

COMPLEX POWDER

Adequate calcium, magnesium, boron, zinc, potassium, copper and trace elements are essential for health and vitality. NATURE FRESH CALCIUM COMPLEX incorporates these minerals with vitamins, biochemical tissue salts and citric acid in proportions closest to those present in human bone tissue. (See disclaimer on the label.)

A pH balance of 7 (neutral) ensures easy assimilation and also helps to eliminate toxins. If too alkaline, calcium tends to upset the flow of gastric juices and may cause heartburn.

Calcium and magnesium perform over 300 metabolic functions in your body. Dark field blood analysis shows a direct improvement within a few days. Deficiencies result in: tooth and gum disorders, osteoporosis, heart disease, irritability, insomnia, depression, cramps and arthritis.

It promotes strong, hard finger nails; a good, peaceful night's sleep and keeps cramps and restless legs at bay. A bedtime dose of a heaped teaspoon in a little water is the best time, as it assists the removal of toxins and heavy metals and calms down an overactive brain! No flavours, lactose, colourants or sweeteners.

New inner pack: Easier to use Ziploc pouch and compressed powder.

tissue salts D6: calc phos, calc sulph No animal components, wheat, lactose, yeast, suga flavouring, colours, stimulants, pesticides or GMO. phos, kali mur, nat sulph, nat mur, calc fluor Calcium citrate / mineral / vitamin formulation .000 mg calcium = 400mg elemental calcium 10 mg zinc gluconate + 1 mg copper AAC 400 mg magnesium = 132 mg elemental potassium electrolytes B6 + 2.5 mcg vitamin melksuiker, approximate values Related products: geen koring, 15 mg sodium / 30 mg vitamin C

opkikker,

Olive leaf supplements (2)









NF 033





NF 045 NF 043 NF 025

NF 012

NF 010

diagnoseer, behandel, voorkom of enige siekte toestand geevalueer nie. Die medisyne is nie bedoel om te treat, cure or prevent any illness. Die medisyne is nie deur die Medisyne Beheerraad Control Council and is not intended to diagnose, This medicine has not been evaluated by the Medicinces



D3

Homeopathic

nat

mg vitamin poron



U kan 'n ekstra dosis in die oggend neem, gemeng met Vir kinders: 20-40kg gee 2-3ml (½ dosis volwassene). 1 x 5ml (opgehoopte teelepel) by slaaptyd, gemeng