



NF 024 PAIN SUPPLEMENT : MSM & VITAMIN C - 90g powder. Height 9 cm

Methylsulphonylmethane (natural sulphur) with vitamin C, boron, calcium, magnesium and lactose free D6 tissue salts. 1000 iu Vitamin D3 helps for immunity. For improving effects of treatments for arthritis, joint – and other types of pain. Helps collagen: skin and joints.

Dosing: MSM commonly is given as 2 to 6 g/day in 2 to 3 divided doses for arthritis and other joint conditions.

Contraindications have not been identified.

Pregnancy/Lactation: Information regarding safety and efficacy in pregnancy and lactation in humans is lacking.

Interactions None well documented.

Adverse Reactions No conclusive data on adverse reactions with MSM have been reported

MSM has been reported to alleviate allergies, arthritis, GI upset, musculoskeletal pain, and to boost the immune system. It also possesses antimicrobial effects against organisms such as Giardia lamblia, Trichomonas vaginalis, and some fungi. The suggested mechanism is that MSM may bind to surface receptor sites, blocking the interaction of parasite and host.

<https://www.drugs.com/npp/methylsulfonylmethane-msm.html>

A beneficial side effect: this product is a combination of MSM with vitamin C and people find it helps to lower blood sugar! Now used as such by diabetics who say if a teaspoon of the powder is taken with a little water before a meal they are able to reduce their medication! So do NOT take it unless you eat. (I found this out the hard way – Sue Visser)

Traditional herbal products - never tested on animals.

This product and information have not been evaluated by SAHPRA.

They should therefore not be used to diagnose or treat any disease, or replace professional medical advice. To ensure appropriate medical care, report ailments/symptoms to your doctor or health practitioner. Don't not stop taking your prescription medications or combine with other treatments unless advised to do so by a medical practitioner.

Therapeutic effects may vary according to the unique constitution or condition of a patient. Read the ingredient lists and instructions.

Related products:

Pain Therapy (2) Skin treatments (3) + NF 005



NF 020



NF 024



NF 019



NF 022



NF 036

WARNINGS:

Consult your healthcare provider before use if you are taking chronic medication, suffer from any allergies or serious ailments and if you are pregnant or breastfeeding. Discontinue use if any untoward side effects occur.

WAARSKUWINGS:

Raadpleeg jou geneesheer voor gebruik as jy kroniese medikasie gebruik, aan allergieë of ernstige siektes ly, en as jy swanger is of borsvoed. Staak gebruik indien enige onaangename nuwe-effekte voorkom.

This medicine has not been evaluated by the Medicines Control Council. It is not intended to diagnose, treat, cure or prevent any illness.

Hierdie medisyne is nie deur die Medisyne Beheerraad geëvalueer nie. Dit is nie bedoel om te diagnoseer, behandel, voorkom of enige siekte te genees nie.

NO: gluten, preservatives, sugar, lactose

NATURE FRESH MSM
with vitamin C,
L-lysine & minerals

pain & THERAPY supplement

Food supplement in powder form
Bio-active collagen support



DIRECTIONS FOR USE:

Take 2-5g in water, with food once a day, or as directed by your healthcare provider.

DOOSING EN GEBRUIKSAANWYSINGS:
Neem 2-5g een maal per dag met etes, of soos jou geneesheer voorskryf.

Per 5g serving:

2g Methylsulfonylmethane
1g Buffered Vitamin C
600mg L-lysine
600mg Calcium Carbonate
100mg Magnesium Carbonate
2mg Zinc
2mg Boron
500mcg Vit D
250mcg Copper

90 g

KEEP OUT OF REACH OF CHILDREN

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