



**NF 026 HORMONE BALANCING SUPPLEMENTS: RED CLOVER – 50ml tincture of 20% alcohol. Pack size 9.5cm**

Contains 4 isoflavones: FORMONETIN, BIOCHANIN, GENISTEIN and DAIDZEIN. Red Clover modifies estrogen receptors and is called a SERM (selective estrogen receptor modulator – it blocks bad estrogen and supplies a milder form). A popular remedy for low-estrogen conditions relating to hot flashes, night sweats, headaches, infertility and menstrual disorders.

Causes selective estrogen receptor modulation (SERM) Blocks the mutagenic potential of estrogen and testosterone. Suitable for males and females with hormonally related cancer or who have high cancer risks.

For quick relief from menopausal hot flashes, night sweats, headaches, sore breasts and bad moods.

For menstrual disorders, blood clotting and discomfort.

For males with benign prostate hypertrophy (BPH). Can be combined with Saw Palmetto and zinc. (See Prostate Remedy)

Suitable for menopausal women for whom HRT and progesterone is not recommended: heart and cancer risks.

Has lipid lowering properties to help combat high triglyceride levels caused by too much estrogen.

Adverse effects: None: no weight gain, breakthrough bleeding, endometrial thickening or changes in FSH level.

<https://naturefresh.co.za/hormone-supplements/> Our 4 hormone balancers

<http://naturefresh.co.za/pcos-and-bph/>

<https://naturefresh.co.za/5410-2/> Radio interview about hormones


**Traditional herbal products - never tested on animals.**

This product and information have not been evaluated by SAHPRA.


They should therefore not be used to diagnose or treat any disease, or replace professional medical advice.

To ensure appropriate medical care, report ailments/symptoms to your doctor or health practitioner. Don't stop taking your prescription medications or combine with other treatments unless advised to do so by a medical practitioner. Therapeutic effects may vary according to the unique constitution or condition of a patient. Read the ingredient lists and instructions.


[Nature Fresh Data Base for COVID-19 pandemic](#)



For medical/scientific data on using herbs or protocols to help improve symptoms of hormonal problems, please scan the QR code or visit our website.



**RED CLOVER**




**TRIFOLIUM PRATENSE**  
Estrogen precursor / activator

For best results: take tincture under the tongue for rapid absorption into the bloodstream. Take 5 - 10 drops 1 to 3 times per day between meals. Use with advice from a practitioner to help support your estrogen levels.

**20% ethanol tincture : 50% herbal extract**

Vir die beste resultate: neem die tinktuur onder die tong vir vinnige absorpsie. Neem 5 - 10 druppels 1 - 3 keer per dag tussen maaltye. Gebruik met advies van 'n praktisyn te help ondersteun jou estrogeenvlakke.



www.naturefresh.co.za  
This medicine has not been evaluated by the Medicines Control Council. It is not intended to diagnose, treat, cure or prevent any illness.  
Hierdie medisyne is nie deur die Medisyne Beheerraad geëvalueer nie. Dit is nie bedoel om te diagnoseer, behandel, voorkom of enige siekte te genees nie.

50ml

NATURE FRESH HEALTH PRODUCTS c.c.  
Postnet Suite 123, P/Bag X16,  
Constantia 7848, Tel: 021 709 0050

**Nature fresh Herbal tinctures 50ml amber glass bottles 9.5 cm high**

