



NF 044 TRIBULUS TERRESTRIS - 50ml tincture 40% alcohol. Height 9.5 cm

Herbal precursor for testosterone for men and women, especially in mid-life and old age. Also good for urinary and prostate disorders. Testosterone helps to control blood pressure, cholesterol and facilitate stamina, focus, muscle tone, libido and mental alertness.

Symptoms of low testosterone include a loss of libido, brain fog and depression. So much so that people take antidepressants. That is the worst thing to do because many of these drugs sabotage your sex life to a further extent. "natural" or patent hormone replacements (HRT) interfere with your own natural ability to generate testosterone. Tribulus terrestris plays a role in helping us all to support peak levels of not only testosterone, but also oestrogen. These hormones are made out of cholesterol. Testosterone will aromatise (break down) into oestrogen, especially in women. Ladies only need 1% of the testosterone that men need to keep up their vim and vigour but they too, can get frigid and depressed if testosterone is not being made as required. Men and women need to peak with testosterone and so can both use Tribulus Terrestris.


Sterols and X steroidal saponins that are present in Tribulus help protect the prostate from swelling and protect it from cancer. It also is a diuretic and urinary antiseptic and has no irritating side effects. Good news for those nocturnal visits to the loo! According to Laboratory studies they have found Tribulus to have anti-microbial as well as anti-tumor potential. It also has significant in vitro and in vivo antifungal activity, especially against mould and fungi associated with candidiasis. It kills the microbes by destroying their cell membranes. Candida does not only affect women. It can also be a systemic condition and is difficult to treat. To date no adverse or harmful effects have been reported at prescribed doses. But it can gradually and naturally help to increase the blood count of testosterone in competitive athletes, cyclists, etc. So regular blood tests should be used to monitor this endogenous process.

<http://www.infobarrel.com/Testosterone Triggers - Tribulus Terrestris is a Thorny Herb with a Big Prick>

Traditional herbal products - never tested on animals.

This product and information have not been evaluated by SAHPRA.

They should therefore not be used to diagnose or treat any disease, or replace professional medical advice. To ensure appropriate medical care, report ailments/symptoms to your doctor or health practitioner. Don't not stop taking your prescription medications or combine with other treatments unless advised to do so by a medical practitioner. Therapeutic effects may vary according to the unique constitution or condition of a patient. Read the ingredient lists and instructions. [Nature Fresh Data Base for COVID-19 pandemic](#)




For medical/scientific data on using herbs or protocols to help improve symptoms of hormonal problems, please scan the QR code or visit our website.

www.naturefresh.co.za


This medicine has not been evaluated by the Medicines Control Council. It is not intended to diagnose, treat, cure or prevent any illness.

Hierdie medisyne is nie deur die Medisyne Beheerraad geëvalueer nie. Dit is nie bedoel om te diagnoseer, behandel, voorkom of enige siekte te genees nie.

50ml



TRIBULUS TERRESTRIS



GOKSHURA

Helps you activate testosterone

For best results: take tincture under the tongue for rapid absorption into the bloodstream.

Dosage: Men 10 - 20 drops per day

Ladies 2 - 5 drops per day

Use with advice from a practitioner to help support your testosterone levels.

40% ethanol tincture : 50% herbal extract

Vir die beste resultate: neem die tinktuur onder die tong vir vinnige absorpsie.

Dosis : Mans 10 - 20 druppels per dag

Dames 2 - 5 druppels per dag

Gebruik met advies van 'n praktisyen te help ondersteun jou estrogeenvlakke.

NATURE FRESH HEALTH PRODUCTS c.c.
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Related products

- Slimming (1)
- Sexual health (1)
- Olive leaf supplements (2)
- Calcium Supplements (2)



NF 045 NF 043 NF 025 NF 033 NF 012 NF 010