



**NF 045 MEGASLIM - 50 capsules Pack height: 9cm**

Contains: coleus forskohlii, milk thistle, cinnamon, glycine, nettle, zinc, GTF chrome, liquorice powder. MEGASLIM is a nutrient repair kit for the cause of uncontrollable weight gain, syndrome X and obesity. It is for diet-resistant individuals with hormonal imbalances, especially insulin, oestrogen and thyroid complications. To be taken in conjunction with the enclosed dietary recommendations.

Hormones, not food are what really make you fat! Gluten intolerance can harm the thyroid even more. Heavy metal toxicity combined with meal skipping or starvation sets off a secondary thyroid response: reverse thyroid hormone (RT3) that actively resists fuel burning and encourages fat accumulation. Some foods are low in kilojoules, like cabbage, kale and broccoli; but they are goitrogenic: meaning they inhibit the thyroid output and slow down your metabolism. PCOS: PCOS or the polycystic ovarian syndrome is a cluster of symptoms, beginning with insulin resistance. It causes a rise in DHT (dihydrotestosterone) and releases it directly into the bloodstream. This hormone can cause weight gain, infertility, adult acne and balding or beard hair and ovaries that enlarge into cysts. It is caused by eating more sugar and refined carbohydrates than the pancreas can handle at one time. Our chaste berry tincture also helps to modify these effects but control over insulin is far more important.

**Never tested on animals but loved by pets and humans!**

**NB: This item has not been evaluated by the Medicines Control Council (MCC).** It is not intended to diagnose, treat, cure or prevent any disease. The product information provided is only for educational purposes and is not intended as either diagnosis or treatment of any disease, nor does it replace professional medical advice. Report any symptoms to your doctor or health care practitioner to ensure appropriate medical care. Do not stop using any prescription medication without first consulting with your doctor. Due to the unique nature of each individual person's health, specific results cannot be guaranteed and may vary from person to person. Please read ingredients and dosages carefully."

Cortisol is an anabolic steroid hormone and opposes fat burning. When we are constantly stressed, the excess cortisol we generate causes the waistline to expand, resulting in the "apple shape". Inflammatory responses, insulin resistance and systemic acidity take their toll. Insulin resistance and leptin resistance go hand in hand, and so do carbohydrate and sugar cravings. Eating or not eating then causes one to become helplessly, morbidly obese. Sound familiar?

**Free diet plan and weight loss strategy – that treats the causes of weight gain**  
<http://naturefresh.co.za/control-weight-holiday-season/>

**Related products:**



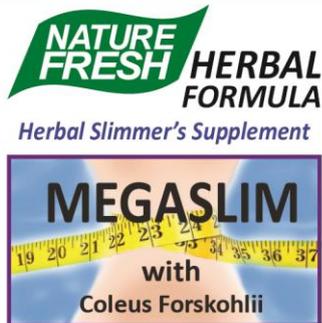
**50 HERBAL VEGGICAPS**

With **EXTRA Coleus Forskohlii**  
 1 veggicap contains:  
 100mg Coleus Forskohlii (12%)  
 100mg Cinnamon extract  
 100mg L-Glycine  
 50mg Nettle herb  
 30mg Milk thistle herb  
 14.3mg Elemental zinc AAC  
 20mg Liquorice root  
 1.6mg Chromium polynicotinate

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*Hierdie medisyne is nie deur die Medisyne Beheerraad geëvalueer nie. Dit is nie bedoel om te diagnoseer, behandel, voorkom of enige siekte te genees nie.*

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[www.naturefresh.co.za](http://www.naturefresh.co.za)



**for MEN and WOMEN**  
 with a FREE slimming protocol

**FOR THE BEST RESULTS**

Use the enclosed weight reducing diet plan and recommended food with the MEGASLIM supplements

Morning: 1 capsule before breakfast.  
 Lunchtime: 1 capsule before lunch.

**VIR DIE BESTE RESULTATE**

*Gebruik die gratis ingeslote gewig verminderings program en voeding aanbevelings met die aanvullings*

*Oggend : 1 kapsule voor ontbyt  
 Middag : 1 kapsule voor middaget*

The free diet sheet and slimming protocol can be adapted to suit your individual body type, blood type, hormones and genes.

*Die ingeslote dieet kan verander word om jou individuele tipe liggaam, bloedgroep, hormone en gene beter te pas.*



for more help & information please scan this QR code

