



NF 46 COLEUS FORSKOHLII - 50ml tincture of 40% alcohol. Height 9.5 cm

The tincture contains forskolin that activates cyclic AMP to help treat: hypertension, mild congestive heart failure, asthma, psoriasis, digestive problems, glaucoma, persistent urinary infections and insulin resistance. Anti-inflammatory, anti-histamine, calms the nervous system and stimulates thyroid function to speed up metabolism. Helps release stored glycogen from the liver to balance low blood sugar and assists treatment of syndrome X (diabetes 2) PCOS (polycystic ovarian syndrome). Popular for weight loss and fat burning (Dr OZ). Coleus for fat loss

Coleus has many fat loss mechanisms and helps to balance cortisol and blood sugar: Forskolin in Coleus stimulates signaling agents within adipose tissue, leading to the breakdown of triglycerides and the subsequent release of fatty acids and glycerol into the bloodstream. During endurance exercise, these fatty acids are extracted from the bloodstream and burned as a fuel to provide ATP energy to the exercising muscle. In turn, fat cells shrink in size, helping overweight patients reduce their body fat more efficiently. Many of these people have a resistance to burning fat caused by higher serum insulin levels and insulin resistance (syndrome X), which tends to lock fatty acids and triglycerides in fat cells, reducing the fat-burning ability.

Hypertension: forskolin relaxes blood vessel smooth muscles via increased cAMP synthesis, helping to reduce high blood pressure by reducing resistance to blood flow. Forskolin antagonizes the action of platelet-activating factor (PAF) by interfering with the binding of PAF to receptor sites on cells. In turn, this reduces platelet stickiness and smooth muscle contraction of blood vessels and bronchiole air passageways. Again, these effects are mediated through increased synthesis of cAMP. A preliminary trial found that coleus reduced blood pressure and improved heart function in people with cardiomyopathy. Coleus also increases cerebral blood flow, indicating that it may be beneficial in cerebral vascular insufficiency, and in enhancing post-stroke recovery.

[Coleus Forskohlii \(naturefresh.co.za\)](http://naturefresh.co.za)

Traditional herbal products - never tested on animals.

This product and information have not been evaluated by SAHPRA.

They should therefore not be used to diagnose or treat any disease, or replace professional medical advice. To ensure appropriate medical care, report ailments/symptoms to your doctor or health practitioner. Don't not stop taking your prescription medications or combine with other treatments unless advised to do so by a medical practitioner. Therapeutic effects may vary according to the unique constitution or condition of a patient. Read the ingredient lists and instructions. [Nature Fresh Data Base for COVID-19 pandemic](http://naturefresh.co.za)



For medical/scientific data on using herbs or protocols to help improve symptoms of hormonal problems, please scan the QR code or visit our website.

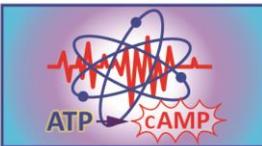
www.naturefresh.co.za

This medicine has not been evaluated by the Medicines Control Council. It is not intended to diagnose, treat, cure or prevent any illness.

Hierdie medisyne is nie deur die Medisyne Beheerraad geëvalueer nie. Dit is nie bedoel om te diagnoseer, behandel, voorkom of enige siekte te genees nie.



COLEUS FORSKOHLII



METABOLIC / ENDOCRINE
Activates Key enzymes

For best results: take tincture under the tongue for rapid absorption into the bloodstream. Take 5 - 10 drops 1 to 3 times per day between meals. Use with advice from a practitioner to help improve cellular energy.

20% ethanol tincture : 50% herbal extract

Vir die beste resultate: neem die tinktuur onder die tong vir vinnige absorpsie. Neem 5 - 10 druppels 1 - 3 keer per dag tussen maaltye. Gebruik met advies van 'n praktysyn te help verbeter sellulêre energie .

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